

Healthcare advice you can recommend to parents

Healthier Together is a free website and app developed by local healthcare professionals.

You can confidently signpost parents to our information on common childhood illnesses and where to go for help, whether a child should go to nursery or school if unwell and for general advice on keeping their children safe and healthy.

Visit the site online at **what0-18.nhs.uk** – and don't forget to recommend us to parents!



Scan the QR code with a smart phone to view the website



Download the free app: 'Healthier Together'



Healthier Together